

PADDLESport Racers Association present



SPRINT LEAGUE @SILVERWING

Paddlesport Racers Association are proud to announce the Single Blade Winter Sprint League.

Racing is open to all classes of single blade boat O1, C1, OC1, men and women. 4 boat races over 470m straight deep course. Seeding, Heats, Semis and Finals. Max no. of competitors 48.

League Dates:
11 Dec 10
8 Jan 11
5 Feb 11
5 Mar 11
26 Mar 11

Information: Competitors to supply own boats (there is a limited supply of pool o1's and oc1's at £5 /event).

BA's to be worn.

Hot drinks and food available.

Only pre-booked entries will compete

Call/Email Richard on 07866 266 098
riparrott@mac.com to book your place

first event	location	competitors briefing	first race	entry fee
11/12/2010	SILVERWING LAKE WRAYSBURY TW19 5AQ	9:00AM	9:30AM	£8

PADDLESPORT RACERS ASSOCIATION present

SPRINT LEAGUE

@SILVERWING

Information Sheet One

Draft Programme: 9:00	Briefing
9:30-10:15	Seeding Heat
10:20-10:32	Class C Heats
10:36-10:49	Class B Heats
10:53-11:06	Class A Heats
11:10-11:43	C,B & A Reps
11:47-12:08	C,B & A Semis
12:12-12:33	C,B & A Tail Races
12:37	C Minor & Major Finals
12:46	B Minor & Major Finals
12:54	A Minor & Major Finals

If paddlers ensure that programme runs to time we will run a King of the Starts knockout competition - 80m first past the post knockout.

All paddlers off water by 1:45 latest.

Rules:

1. Buoyancy aids must be worn at all times when on water
2. Paddles must match craft ie C1 Sprint paddle to use C1 Sprint paddle, C1 seated to use Canoe paddle (cranked permitted), OC1/V1 Outrigger Paddle, O1 Dragon Boat Paddle.
3. Switch Paddling permitted for boats designed for switch ie OC1/V1 and C1 Seated. Switch is not permitted for O1 and C1 Sprint.
4. Classes will only be separated by speed so the major final in class A will be the fastest 4 paddlers on the day regardless of age, sex and boat
5. Numbers permitting trophies for overall, boat type, sex, juniors.
6. Don't argue with the organisers they will be having a hard enough time.
7. Help your fellow competitors and starters
8. Laugh lots and race until you drop

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Cup Final (prov) 17 Apr 11 (Sun)

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